

## REVIVE PHYSICAL THERAPY & WELLNESS

At Revive Physical Therapy & Wellness, we pride ourselves in providing a personalized one-on-one experience. Incorporating a variety of different manual, exercise and therapeutic activities, patients at Revive are never "juggled" or "double-booked" with other patients at the same time. With golf season around the corner, Revive will be offering free one-on-one 30 minute mobility screenings to the SRS community from now through March 15. If interested, please contact our practice at 203-745-4973, identify yourself as a SRS community member, and we will get you scheduled!



## Tea & Meditation Events Daily Menu \*Sit, Sip & Zen Charcuterie Crudite Baked Goods

## NEW LINE BLENDING

New Haven Tea LLC has been in business since 2017 producing the brands FlowerTeas, Mystic Tea and Elm City Craft Coffee featuring over 150 tea varieties and six coffees. We are proud to announce the recent opening of our Ceremonial Tea Lounge where you can sit, sip and zen in a quiet, comfortable place. Walk ins welcome and guided tea meditations by appointment. Find us in person Wed/Thurs/Fri 9am to 6pm and Sat 9 to 4 at 900 Grand Ave Suite 6 in New Haven, by telephone at 203-691-9350 or online at www.newhaventea.com